

**2023 Calendar of Disability Events and Activities**

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| **Date(s)** | **Event Name** | **Location** | **Website** |
| **JANUARY** |
| January | Co-dependency Awareness Month | United States | <http://coda.org/> |
| January | Glaucoma Awareness Month | United States | <https://www.glaucoma.org/news/glaucoma-awareness-month.php> |
| **4-Jan** | **World Braille Day (United Nations Day)** | **Global** | <https://www.un.org/en/observances/braille-day> |
| 24-Jan | Moebius Syndrome Awareness Day | Global | https://moebiussyndrome.org/get-involved/events/moebius-syndrome-awareness-day/ |
| 29-Jan | World Leprosy Day | Global | https://zeroleprosy.org/world-leprosy-day-2/ |
| 30-Jan | Chronic Traumatic Encephalopathy (CTE) Awareness Day | United States | https://stopcte.org/events/ |
| **FEBRUARY** |
| **February** | **Jewish Disability Awareness & Inclusion Month** | **United States** | <https://www.chabad.org/library/article_cdo/aid/3575538/jewish/Jewish-Disability-Awareness-Inclusion-Month.htm> |
| 1-7 Feb | White Cane Week | Canada | <http://ccbnational.net/shaggy/white-cane-week/> |
| 2-Feb | Rheumatoid Arthritis Awareness Day | United States | <https://curearthritis.org/> |
| 4-Feb | World Cancer Day | Global | <https://www.worldcancerday.org/> |
| 11-Feb | World Day of the Sick | Global | <https://www.nacc.org/resources/spirituality-and-prayer-resources/world-day-of-the-sick/> |
| 14-Feb | Congenital Heart Defect Awareness Day / Week & Rock Your Scar Campaign | Global | [https://mendedhearts.org/chd-awareness-week/ & https://mendedhearts.org/rock-your-scar-awareness-campaign/](https://mendedhearts.org/chd-awareness-week/) |
| 14-Feb | National Donor Day | United States | <https://www.donatelife.net/celebrations/> |
| **15-Feb** | **International Childhood Cancer Day**  | **Global** | <http://www.internationalchildhoodcancerday.org/> |
| 22-Feb | National Heart Valve Disease Awareness Day | United States | <https://www.valvediseaseday.org/> |
| 20-26 Feb | Eating Disorder Awareness Week | United States | <https://www.nationaleatingdisorders.org/get-involved/nedawareness> |
| 27-Feb | Anosmia Awareness Day | Global | <https://www.anosmiaawareness.org/> |
| 28-29 Feb Leap Year | Rare Disease Day | Global | <https://www.rarediseaseday.org/> |
| **MARCH** |
| **March** | **Developmental Disabilities Awareness Month** | **United States** | <https://nacdd.org/ddam/> |
| **March** | **Cerebral Palsy Awareness Month** | **United States** | <https://www.prentrom.com/caregivers/march-is-cerebral-palsy-awareness-month> |
| March | Color Therapy Month | United States | <https://munsell.com/color-blog/national-color-therapy-month/> |
| March | Colorectal Cancer Awareness Month | United States | <https://www.ccalliance.org/about/awareness-month> |
| March | Deep Vein Thrombosis (DVT) Prevention Awareness Month | United States | <https://www.ivein.com/march-dvt-awareness-month/> |
| March | Endometriosis Awareness Month | Global | https://endometriosis.org/news/support-awareness/endometriosis-awareness-and-action-2022/ |
| March | Epilepsy Month | Canada | <https://www.canadianepilepsyalliance.org/epilepsy-awareness-month/> |
| March | Essential Tremor Month | International | <https://essentialtremor.org/what-we-do/et-awareness/> |
| March | Kidney Month | United States | <https://www.niddk.nih.gov/health-information/communication-programs/nkdep/get-involved/national-kidney-month> |
| **March** | **Multiple Sclerosis Awareness Month** | **United States** | [https://www.nationalmssociety.org/Get-Involved/Raise-Awareness & https://msfocus.org/Get-Involved/MS-Awareness-Month/NMSEAM-Awareness-Kits](https://www.nationalmssociety.org/Get-Involved/Raise-Awareness) |
| March | Red Cross Month | United States | <https://www.redcross.org/about-us/news-and-events/news/Red-Cross-Month-A-Time-to-Recognize-Community-Heroes.html> |
| March | Red Cross Month | Canada | <https://www.redcross.ca/quiz/march-is-red-cross-month> |
| March | Self-Injury Awareness Month | United States, Canada | https://www.ororecovery.com/march-is-self-injury-awareness-month-self-harm-or-cutting/ |
| **March** | **Brain Injury Awareness Month** | **Global**  | <https://www.biausa.org/public-affairs/public-awareness/brain-injury-awareness> |
| March | Trisomy Awareness Month | United States, Canada | https://trisomy.org/tam/ |
| 1-Mar | Self-Injury Awareness Day | Global | <http://www.lifesigns.org.uk/siad/> |
| 1-Mar | International Wheelchair Day | Global | <https://internationalwheelchairday.wordpress.com/> |
| 1-Mar | Disability Day of Mourning | United States | <https://autisticadvocacy.org/projects/community/mourning/> |
| 6-Mar | World Lymphoma Awareness Day | Global | <https://lymphaticnetwork.org/wld> |
| 8-Mar | Breast Implant Illness Awareness Day | Global | <https://breastimplanthealth.com/breast-implant-awareness-day/> |
| 10-Mar | National Women and Girls HIV/AIDS Awareness Day | United States | <https://www.womenshealth.gov/nwghaad/about> |
| 12-18 Mar | World Glaucoma Week | Global | <https://www.worldglaucomaweek.org/> |
| 18-Mar | National Trisomy 18 Awareness Day | United States | <https://www.trisomy18.org/blog/friday-is-national-trisomy-18-awareness-day/> |
| **21-Mar** | **World Down Syndrome Day (United Nations Day)** | **Global** | [https://www.un.org/en/observances/down-syndrome-day#:~:text=In%20December%202011%2C%20the%20General,on%2021%20March%20each%20yearhttps://www.worlddownsyndromeday2.org/](https://www.un.org/en/observances/down-syndrome-day#:~:text=In%20December%202011%2C%20the%20General,on%2021%20March%20each%20year) |
| **24-Mar** | **World Tuberculosis Day (WHO)** | **Global** | <https://www.who.int/campaigns/world-tb-day> |
| 25-Mar | National Cerebral Palsy Awareness Day | United States | <https://www.gogreen4cp.org/> |
| **26-Mar** | **Purple Day for Epilepsy** | **Global** | <http://www.purpleday.org/> |
| 27-Mar | Amniotic Fluid Embolism (AFE) Awareness Day | Global | <https://www.afesupport.org/awareness/> |
| **APRIL** |
| April | Paralyzed Veterans Across America Month | United States | <https://www.pva.org/sponsorship-events/paralyzed-veterans-of-america-awareness-month> |
| April | Cushing Disease/Syndrome Awareness Month | United States | <https://www.pacificneuroscienceinstitute.org/blog/pituitary-disorders/cushings-disease-awareness/> |
| April | Functional Neurological Disorder (FND) Awareness Month | Global | https://fndhope.org/fndaware/ |
| **April** | **Parkinson's Awareness Month** | **United States** | [https://www.apdaparkinson.org/article/dd-s22-article3/ https://www.michaeljfox.org/parkinsons-awareness-month](https://parkinson.org/parkinsons-awareness-month) |
| April | National Donate Life Month | United States | <https://www.donatelife.net/celebrations/> |
| **April** | **Limb Loss Awareness Month** | **United States** | <https://www.amputee-coalition.org/events-programs/limb-loss-awareness-month/> |
| 1-8 Apr | Porphyria Awareness Week | United States | <https://porphyriafoundation.org/get-involved/porphyria-awareness-week-2021/> |
| **2-Apr** | **World Autism Awareness Day (United Nations)** | **Global** | <https://www.un.org/en/observances/autism-day> |
| 2-8 Apr | Oral, Head and Neck Cancer Awareness Week | United States | <https://www.entnet.org/about-us/campaigns/oral-head-and-neck-cancer-awareness-week/> |
| 6-Apr | Bohring-Opitz Syndrome Awareness Day | Global | <http://bos-foundation.org/bos-awareness-day> |
| **7-Apr** | **World Health Day** | **Global** | <https://www.who.int/campaigns/world-health-day> |
| **(United Nations Day)** |
| 8-Apr | Cushing Disease/Syndrome Awareness Day | United States | <https://www.pacificneuroscienceinstitute.org/blog/pituitary-disorders/cushings-disease-awareness/> |
| 10-Apr | National Youth HIV and AIDS Awareness Day | United States | <https://www.hiv.gov/events/awareness-days/youth> |
| **11-Apr** | **Parkinson's Disease International Awareness Day** | **Global** | <https://shakeitup.org.au/pause4parkinsons/> |
| 13-Apr | Sarcoidosis Awareness Day | Global | [https://www.stopsarcoidosis.org/ https://www.stopsarcoidosis.org/events/steps-for-sarc/](https://www.stopsarcoidosis.org/) |
| 17-Apr | World Hemophilia Day (United Nations Day) | Global | https://wfh.org/world-hemophilia-day/ |
| 19-Apr | Congenital Diaphragmatic Hernia Action Day | Global | https://cdhi.org/april-19-is-cdh-awareness-day/ |
| 24-30 Apr | National MS Awareness Week | United Kingdom | [https://www.mssociety.org.uk/get-involved/ms-awareness-week?\_ga=2.68654994.2038902126.1555919293-1238863092.1555919293#symptomgraphics](https://www.mssociety.org.uk/get-involved/ms-awareness-week?_ga=2.68654994.2038902126.1555919293-1238863092.1555919293#symptomgraphics )  |
| 23-Apr | Fibrodysplasia Ossificans Progressiva (FOP) Awareness Day | Global | https://www.ifopa.org/2022\_global\_awareness\_day |
| 25-Apr | World Malaria Day (WHO) | Global | <https://www.who.int/campaigns/world-malaria-day> |
| 29-Apr | World Wish Day  | Global | <https://www.worldwish.org/en/worldwishday> |
| 21-28 Apr | World Primary Immunodeficiency (PI) Week  | Global | <http://www.worldpiweek.org/> |
| **MAY** |
| **May** | **ALS Awareness Month** | **United States** | <https://www.als.org/blog/als-awareness-month-how-our-fight-continues> |
| **May** | **Arthritis Month** | **United States** | http://blog.arthritis.org/news/arthritis-awareness-month/ |
| May | Apraxia Awareness Month | United States | <https://www.apraxia-kids.org/awareness/> |
| May | Allergy/Asthma Awareness Month | United States | <https://www.aafa.org/asthma-and-allergy-awareness-month/> |
| May | Better Speech and Hearing Month | United States | <https://www.asha.org/bhsm/> |
| May | Bladder Cancer Awareness Month | Global | <https://fightbladdercancer.co.uk/get-involved/awareness-month> |
| May | Borderline Personality Disorder Awareness Month | United States | <https://www.borderlinepersonalitydisorder.org/bpd-awareness-month/> |
| May | Brain Tumor Awareness Month | United States | <https://braintumor.org/our-events/> |
| May | Cystic Fibrosis Awareness Month | United States | <https://www.cff.org/Get-Involved/> |
| May | Celiac Awareness Month | United States | <https://www.beyondceliac.org/celiac-awareness-month/> |
| May | Ehlers-Danlos Syndrome (EDS) Awareness Month | United States | <https://www.ehlers-danlos.com/may-ehlers-danlos-awareness-month/> |
| May | Hepatitis Awareness Month | United States | <https://www.cdc.gov/hepatitis/heppromoresources.htm> |
| May | High Blood Pressure Education Month  | United States | <https://www.cdc.gov/bloodpressure/communications_kit.htm> |
| May | Huntington's Disease Awareness Month | United States | [https://hdsa.org/blog/may-is-hd-awareness-month/#:~:text=May%20is%20HD%20Awareness%20Month%20%7C%20Huntington's%20Disease%20Society%20of%20America](https://hdsa.org/blog/may-is-hd-awareness-month/#:~:text=May%20is%20HD%20Awareness%20Month%20%7C%20Huntington's%20Disease%20Society%20of%20America )  |
| May | Lupus Awareness Month | United States | <https://www.lupus.org/lupus-awareness-month> |
| May | Lyme Disease Awareness Month | Global | <https://www.globallymealliance.org/> |
| May | Myositis Awareness Month | United States | https://www.myositis.org/get-involved/ |
| **May** | **Mental Health Month** | **United States** | <https://www.nami.org/Get-Involved/Awareness-Events/Mental-Health-Month> |
| May | Mobility Awareness Month | United States | <https://nmeda.org/mobility-awareness-month/> |
| **May** | **Older Americans Month** | **United States** | <https://acl.gov/oam/> |
| May | Multiple Sclerosis Awareness Month | Canada | <https://mssociety.ca/> |
| May | American Stroke Month | United States | https://www.yourethecure.org/may-is-stroke-awareness-month |
| May | Pediatric Stroke Awareness Day | United States | <https://chasa.org/you-can-help/pediatric-stroke-awareness/> |
| 7-13 May | Brain Tumor Action Week | United States | <http://www.whathealth.com/awareness/event/braintumour.html> |
| 8-14 May | Brain Injury Awareness Week | United States | <https://www.biausa.org/public-affairs/public-awareness/brain-injury-awareness> |
| 5-May | International 5p Syndrome Awareness Day | Global | <https://fivepminus.org/event/awareness-week-events/> |
| 5-May | Ependymoma Awareness Day | United States | <https://www.cern-foundation.org/awareness> |
| 5-May | World Asthma Day | Global | https://ginasthma.org/world-asthma-day-2022/ |
| 7-May | National Children's Mental Health Awareness Day | United States | <https://www.apa.org/pi/families/children-awareness-day> |
| 8-May | World Ovarian Cancer Awareness Day | Global | https://worldovariancancercoalition.org/world-ovarian-cancer-day/what-is-wocd/?gclid=Cj0KCQiA-JacBhC0ARIsAIxybyOMsUr150mPh0bks6Hfk68zzXQggErnKDlUqfjXx6ASQyLgTDFZArsaApf5EALw\_wcB |
| 8-May | World Red Cross & Red Crescent Day | Global | <https://media.ifrc.org/ifrc/> |
| 10-May | World Lupus Day | Global | <https://worldlupusday.org/> |
| 12-May | International Fibromyalgia (FM) Awareness Day | Global | https://www.may12th.org/illnesses/fm/ |
| 12-May | International Awareness Day for Chronic Immunological and Neurological Diseases (CIND) | Global | [www.may12th.org/](http://www.may12th.org/) |
| 15-May | International Mucopolysaccharidoses (MPS) Awareness Day | Global | <https://mpssociety.org/> |
| **15-May to 15-June** | **Tourette Syndrome Awareness Month** | **United States** | https://tourette.org/about-us/raise-awareness/ |
| **18-May** | **Global Accessibility Awareness Day**  | **Global** | <https://globalaccessibilityawarenessday.org/> |
| 20-May | International Behcet's Disease Awareness Day | Global | <https://www.behcets.com/> |
| 20-May | International Blue Cone Monochromacy Awareness Day | Global | <http://www.blueconemonochromacy.org/home-page/> |
| 20-May | World Autoimmune Arthritis Day | Global | <https://www.aiarthritis.org/aiarthritisday> |
| 23-May | International Day to End Obstetric Fistula (United Nations) | Global | <https://www.un.org/en/observances/end-fistula-day> |
| 24-May | Schizophrenia and Psychosis Awareness Day (Canada) | Canada | <https://www.youtube.com/watch?v=yegIrwCUsDQ&feature=youtu.be> |
| 25-May | World Thyroid Day (WTD) | Global | <https://thyroidfoundation.org.au/World-Thyroid-Day> |
| **30-May** | **World Multiple Sclerosis Awareness Day** | **Global** | <https://worldmsday.org/> |
| **JUNE** |
| **June** | **Alzheimer's and Brain Awareness Month** | **Global** | <https://www.alz.org/abam/overview.asp#takeAction> |
| June | Antiphospholipid Antibody Syndrome (APS) Awareness Month | United States | <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5519533/> |
| June | Migraine and Headache Awareness Month | United States | <https://americanheadachesociety.org/news/how-to-participate-migraine-headache-awareness-month/> |
| June | Hemiplegic Migraine Awareness Month | United States | <https://headaches.org/2018/05/24/mham-recognition-days/> |
| **June** | **PTSD Awareness Month** | **United States** | <https://www.ptsd.va.gov/understand/awareness/index.asp> |
| **5-Jun** | **National Cancer Survivors Day** | **United States** | <https://www.ncsd.org/> |
| 8-Jun | World Brain Tumor Day | Global | <https://doctor.ndtv.com/living-healthy/world-brain-tumor-day-causes-symptoms-and-treatment-1864556> |
| 11-Jun | Neuropathy Action Awareness Day | United States | <http://www.neuropathyaction.org/> |
| 13-Jun | International Albinism Awareness Day (United Nations) | Global | <https://www.un.org/en/observances/albinism-day> |
| 17-Jun | CDKL5 Worldwide Awareness Day | Global | <https://www.cdkl5.com/cdkl5-awareness-month/> |
| **18-Jun** | **Autistic Pride Day** | **United States** | <https://en.wikipedia.org/wiki/Autistic_Pride_Day> |
| 19-Jun | World Sickle Cell Day | Global | https://www.sicklecelldisease.org/get-involved/events/awareness-month-and-world-sickle-day/#:~:text=June%2019th%20was%20officially%20designated,and%20their%20families%20and%20caregivers. |
| 21-Jun | Global Day of Recognition of ALS/MND | Global | <https://www.alsmndalliance.org/global-day/> |
| 23-Jun | Dravet Syndrome Awareness Day | United States | <https://www.dravetfoundation.org/> |
| 25-Jun | World Vitiligo Awareness Day | Global | [25june.org/](http://25june.org/) |
| 26-28 Jun | Helen Keller Deaf Blind Awareness Week (dates may shift each year) | Global | https://deafblind.org.uk/helen-keller/ |
| 27-Jun | Helen Keller Day | United States | <https://en.wikipedia.org/wiki/Helen_Keller_Day> |
| 29-Jun | World Scleroderma Awareness Day | Global | <http://worldsclerodermaday.org/> |
| 30-Jun | Arthrogryposis Awareness Day | United States | <https://amcsupport.org/amc-awareness-day/> |
| **JULY** |
| **July** | **Disability Pride Month**  | **United States, Global** | https://en.wikipedia.org/wiki/Disability\_Pride\_Month |
| July | Fragile X (FXS) Awareness Month | United States | <https://fragilex.org/> |
| July | National Cleft & Craniofacial Awareness & Prevention Month  | United States | <http://www.nccapm.org/> |
| July | Sarcoma Research Awareness Month  | United States | <https://www.curesarcoma.org/sarcoma-awareness-month/> |
| 13-Jul | Gastrointestinal Stromal Tumor (GIST) Awareness Day | United States | <https://liferaftgroup.org/about-gist-awareness-day/> |
| 23-Jul | World Sjogren's Day | Global | <https://www.sjogrens.org/home/about-the-foundation/worldsjogrensday-> |
| 24-Jul | National Seasonal Affective Disorder (SAD) Day | United States | <https://www.theworkplacedepot.co.uk/news/2014/07/24/seasonal-affective-disorder/> |
| **26-Jul** | **Americans with Disabilities Act Anniversary** | **United States** | <https://www.adaanniversary.org/> |
| 28-Jul | World Hepatitis Day | Global | [www.worldhepatitisday.org/](http://www.worldhepatitisday.org/) |
| 30-Jul | Gastroschisis Awareness Day | United States | <https://averysangels.org/> |
| **AUGUST** |
| **August** | **Spinal Muscular Atrophy Awareness Month** | **United States** | [www.curesma.org/sma-awareness-month.html](http://www.curesma.org/sma-awareness-month.html) |
| August | Stevens-Johnson Syndrome (SJS) Awareness | United States | [sjsupport.org/](http://sjsupport.org/) |
| 21-Aug | National Senior Citizens Day | United States | <https://nationaltoday.com/national-senior-citizens-day/> |
| **SEPTEMBER** |
| September | Alopecia Awareness Month  | United States | https://www.naaf.org/ |
| September | Achalasia Awareness Month | United States | [achalasiaawareness.org](http://achalasiaawareness.org/) |
| September | Childhood Cancer Awareness Month | United States | <https://www.acco.org/childhood-cancer-awareness-month/> |
| September | Lymphoma Awareness Month | United States | <https://www.cancerhealth.com/event/lymphoma-awareness-month-2021> |
| September | National Guide Dog Month  | United States | <https://www.cute-calendar.com/event/national-guide-dog-month/35402.html> |
| September | National Hydrocephalus Awareness Month | United States | <https://www.hydroassoc.org/september-is-hydrocephalus-awareness-month-heres-what-you-can-do/> |
| September | National Suicide Prevention Awareness Month | United States | [suicidepreventionlifeline.org/promote-national-suicide-prevention-month/](http://suicidepreventionlifeline.org/promote-national-suicide-prevention-month/) |
| September | Orthostatic Tremor Awareness Month | United States | <https://www.orthostatictremor.org/awareness.html> |
| **September** | **Pain Awareness Month** | **United States** | <https://www.theacpa.org/pain-awareness/september-is-pain-awareness-month/> |
| September | Peripheral Artery Disease (PAD) Awareness Month | United States | <https://cardiovascularcoalition.com/pad-awareness-month/> |
| September | Polycystic Ovary Syndrome Awareness Month | United States | <https://www.pcosaa.org/> |
| September | Prostate Awareness Month | United States | <https://www.cancerhealth.com/event/prostate-cancer-awareness-month-2021> |
| **September** | **Spinal Cord Injury Awareness Month** | **United States** | <https://www.spinalcord.com/blog/spinal-cord-injury-best-ways-to-help-raise-awareness> |
| September | Thyroid Cancer Awareness Month | United States | <http://www.thyca.org/how-to-help/awareness/> |
| **September** | **World Alzheimer's Month** | **Global** | <https://www.worldalzmonth.org/> |
| 7-Sep | Duchenne Muscular Dystrophy | United States | <https://www.mda.org/disease/duchenne-muscular-dystrophy> |
| 9-Sep | International Fetal Alcohol Spectrum Disorder Awareness Day (FASD) | Global | [www.fasday.com/](http://www.fasday.com/) |
| 13-Sep | Celiac Disease Awareness Day | United States | <https://www.beyondceliac.org/> |
| 15-Sep | World Lymphoma Awareness Day - Hodgkin's Lymphoma | Global | <https://lymphomacoalition.org/world-lymphoma-awareness-day/> |
| **16-Sep** | **Disability Awareness Day**  | **United Kingdom** | <https://www.disabilityawarenessday.org.uk/show/> |
| 18-Sep | National HIV/AIDS and Aging Awareness Day | United States | <https://www.hiv.gov/events/awareness-days/aging> |
| 16-Sep | Usher Syndrome Awareness Day | Global | https://www.usher-syndrome.org/events/ush-awareness-day.html |
| **21-Sep** | **World Alzheimer's Day** | **Global** | <https://www.worldalzmonth.org/> |
| 22-Sep | World Chronic Myeloid Leukemia (CML) Day | Global | <https://www.cmladvocates.net/world-cml-day-9-22> |
| 18-24 Sept  | International Week of the Deaf (may change each year) | Global | <https://wfdeaf.org/> |
| **22-Sep** | **International Day of Sign Languages (may change each year)** | **Global** | <https://wfdeaf.org/> |
| 25-Sep | International Ataxia Awareness Day | Global | <https://ataxia.org/international-ataxia-awareness-day/> |
| 26-Sep | Mesothelioma Awareness Day | United States | <https://mesothelioma.net/mesothelioma-awareness-day/> |
| 30-Sep | Limb Girdle Muscular Dystrophy Awareness Day | United States | <https://www.lgmd-info.org/awareness-day/about-lgmd-awareness-day/> |
| **OCTOBER** |
| **October** | **ADHD Awareness Month** | **United States** | <https://www.adhdawarenessmonth.org/> |
| October | Breast Cancer Awareness Month | United States | <https://www.nationalbreastcancer.org/breast-cancer-awareness-month> |
| October | Colon Cancer Awareness Month | United States | <https://fightcolorectalcancer.org/join-fight/raise-awareness/> |
| **October** | **Depression Education and Awareness Month** | **United States** | <https://nationaltoday.com/national-depression-education-and-awareness-month/> |
| **October** | **Down Syndrome Awareness Month**  | **United States** | <https://www.upwithdowns.org/down-syndrome-awareness> |
| October | Dwarfism Awareness Month | United States | <https://www.lpaonline.org/dwarfism-awareness-month> |
| October | Dysautonomia Awareness Month | Global | [www.dysautonomiainternational.org/](http://www.dysautonomiainternational.org/) |
| **October** | **Dyslexia Awareness Month** | **United States** | <https://dyslexiaida.org/october-is-dyslexia-awareness-month-2/> |
| October | Eczema Awareness Month | United States | <https://www.aafa.org/eczema-awareness-month/> |
| October | Liver Cancer Awareness Month | United States | <https://liverfoundation.org/> |
| October | Learning Disability Awareness Month | United States | <https://ldaamerica.org/> |
| **October** | **National Disability Employment Awareness Month** | **United States** | <https://www.dol.gov/odep/topics/ndeam/> |
| October | Raynaud's Awareness Month | United States | <https://www.multivu.com/players/English/8396551-raynauds-association-october-raynauds-awareness-month/> |
| October | Rett Syndrome Awareness Month | United States | <https://www.rettsyndrome.org/for-families/resources/october/> |
| October | Selective Mutism Awareness Month | United States | [https://www.personalizedcause.com/...awareness.../selective-mutism-awareness-month](https://www.personalizedcause.com/health-awareness-cause-calendar/selective-mutism-awareness-month) |
| October | Spina Bifida Awareness Month | United States | <https://spinabifidaassociation.org/event/spina-bifida-awareness-month/> |
| October | Stomp Out Bullying Month | United States | https://www.stompoutbullying.org/participate-in-world-bullying-prevention-month |
| 5-Oct | World Day of Bullying Prevention | Global | <https://www.stompoutbullying.org/campaigns/world-day-bullying-prevention> |
| **5-Oct** | **American Veterans Disabled for Life Awareness Day** | **United States** | <https://www.disabled-world.com/disability/awareness/avdfl.php> |
| 5-Oct | World Meningitis Day | Global | <http://www.comomeningitis.org/> |
| **6-Oct** | **World Cerebral Palsy Awareness Day** | **Global** | https://worldcpday.org/ |
| 7-Oct | International Trigeminal Neuralgia Awareness Day | Global | <http://face-facts.org/trigeminal-neuralgia-awareness-day/> |
| 7-Oct | Team Margot Stem Cell and Bone Marrow Awareness Day | United States | <https://www.teammargot.com/> |
| 9-Oct | PANDAS / PANS Awareness Day | United States | <http://www.nepans.org/> |
| **10-Oct** | **World Mental Health Day** | **Global** | <https://www.who.int/mental_health/world-mental-health-day/en/> |
| 13-Oct | World Sight Day | Global | <https://www.iapb.org/advocacy/world-sight-day/> |
| 13-Oct | Metastatic Breast Cancer Awareness Day | United States | <http://mbcn.org/history-of-metastatic-breast-cancer-day-october-13/> |
| 13-Oct | World Thrombosis Day | Global | <https://www.worldthrombosisday.org/> |
| 15-Oct | Blind Americans Safety Day / White Can Safety Day | United States | <https://en.wikipedia.org/wiki/White_Cane_Safety_Day> |
| 18-Oct | Breast Reconstruction Awareness (BRA) Day | United States | <https://www.thepsf.org/programs/breast-reconstruction-awareness-campaign/get-involved> |
| 20-Oct | World Osteoporosis Day | Global | [www.worldosteoporosisday.org/](http://www.worldosteoporosisday.org/) |
| **20-31 Oct** | **Disability Mentoring Days (Starts on the Third Wednesday of each October)** | **United States** | <https://www.aapd.com/disability-mentoring-day/> |
| 22-Oct | International Stuttering Awareness Day | Global | [www.isastutter.org/what-we-do/isad](http://www.isastutter.org/what-we-do/isad) |
| 24-Oct | World Polio Day | Global | <https://www.endpolio.org/world-polio-day> |
| 25-Oct | Hydrocephalus Day | Global | <https://www.hydroassoc.org/tag/world-spina-bifida-and-hydrocephalus-day/> |
| 25-31 Oct | International Epidermolysis Bullosa Awareness Week | Global | [www.debra.org/epidermolysis-bullosa-awareness-week](http://www.debra.org/epidermolysis-bullosa-awareness-week) |
| 29-Oct | World Stroke Day | Global | <https://www.worldstrokecampaign.org/> |
| **NOVEMBER** |
| November | COPD Awareness Month | United States | <https://www.copdfoundation.org/COPD360social/Community/COPD-Digest/Article/312/November-marks-National-COPD-Awareness-Month.aspx> |
| November | Pancreatic Cancer Awareness Month | United States | [pancreatic.org/november/](http://pancreatic.org/november/) |
| **November** | **Alzheimer's Awareness Month** | **United States** | <https://www.alz.org/abam> |
| November | Dercum's Disease (Adiposis Dolorosa) Awareness month | United States | <https://rarediseases.org/rare-diseases/dercums-disease/> |
| November | Diabetes Awareness Month | United States | <https://beyondtype1.org/diabetes-awareness-month/> |
| **November** | **Epilepsy Awareness Month** | **United States** | [https://www.epilepsy.com/make-difference/public-awareness/national-epilepsy-awareness-month#:~:text=November%20is%20National%20Epilepsy%20Awareness%20Month!](https://www.epilepsy.com/make-difference/public-awareness/national-epilepsy-awareness-month#:~:text=November%20is%20National%20Epilepsy%20Awareness%20Month! )  |
| November | Lung Cancer Awareness Month | United States | <https://lcfamerica.org/get-involved/november-lung-cancer-awareness-month/> |
| November | Prostate Cancer / Men's Health Awareness month | United States | <https://us.movember.com/mens-health/prostate-cancer> |
| 7-11 Nov | International Stress Awareness Week (may change each year) | Global | <http://www.stress.org.uk/> |
| 7-Nov | Cancer Awareness Day | India | <https://www.indianmirror.com/homepage-articles/International-Cancer-Awareness-Day-.html> |
| 8-Nov | Aicardi Syndrome Awareness Day | United States | <https://aicardisyndromefoundation.org/> |
| 11-Nov | World Usability Day | Global | <https://worldusabilityday.org/> |
| 12-Nov | World Pneumonia Day | Global | <https://stoppneumonia.org/world-pneumonia-day/> |
| 13-Nov | World Pancreatic Cancer Day | Global | https://pancreatic.org/event/world-pancreatic-cancer-day/ |
| **14-Nov** | **World Diabetes Day (United Nations)** | **Global** | <https://www.un.org/en/observances/diabetes-day> |
| 15-Nov | World Ohtahara Syndrome Awareness Day | Global | <https://globalgenes.org/tag/world-ohtahara-syndrome-awareness-day/> |
| 18-Nov | World COPD Day | Global | <https://www.copdfoundation.org/COPD360social/Community/COPD-Digest/Article/337/World-COPD-Day-is-November-18.aspx> |
| 24-Nov | N24 Awareness Day | United States | <https://n24day.wordpress.com/> |
| **DECEMBER** |
| December | Constipation Awareness Month | United States | <https://www.ibspatient.org/constipation-awareness-month/> |
| 1-Dec | World AIDS Day (United Nations) | Global | <https://www.worldaidsday.org/> |
| **3-Dec** | **International Day of the Disabled Person (United Nations)** | **Global** | <https://www.un.org/en/observances/day-of-persons-with-disabilities> |